

COUNT YOUR BLESSINGS THIS Easter Season

"I will bless you"
Genesis 12:2

There's a Meme going around the internet at the moment that says *"Life is full of miracles- Notice them"*. This is such an important message, especially as we approach Easter. It's so easy to get bogged down in the day to day habits of life, but when we actually discipline ourselves to stop for just a moment and look up, we begin to see beauty, grace, miracles and gifts all around us. And the seeing and naming of all these blessings feeds us and strengthens us spiritually in deep and profound ways.

So that's what this gift is for you, a way to notice all the blessings, all the miracles large and small in your life, and give thanks. If you're not sure where to begin, or think you have no blessings to count, step outside even if you are in a city... and look up, look around. Open your eyes and open your heart to the possibility that there just may be wonder and blessing all around us. Because that has always been God's intention: to bless. It's a theme that runs straight through this entire story of scripture. God wants to bless humankind. And He has. Let us count the ways together this Easter!

So I'm giving you this little way for your household to count blessings and give thanks this Easter season. A 'chain of blessing' that could become a chain reaction of thankfulness begetting more thankfulness, joy begetting more joy and a deep realisation of how much God loves us.

Materials

The blessing chain printables, scissors, glue, pens and a pot (for display).

Instructions

Step One: Cut out the blessing centre decorations and the chain strips coloured strips provided and then cut between them (along the white gaps)

Step Two: Set up your 'blessing centre' or 'Giving thanks' corner in a visible place in your home. Use the pot to hold the blessing strips, glue and pens.

Step Three: Explain how it works to your household. Invite each person (through the Easter season) to pause daily, reflect and write on a strip at least one blessing, one thing in life they are thankful for. Glue each new blessing into a loop, interlinking it with the chain.

Step Four: Hang up your chain and watch it grow, reminding you of God's blessings for you!

