

DAY
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'Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them. He said...'

MATTHEW 5:1-2

DAY
1

*1
'Blessed are the poor in spirit,
for theirs is the kingdom of heaven.
Blessed are those who mourn,
for they will be comforted.
Blessed are the meek,
for they will inherit the earth.
Blessed are those who hunger and thirst for
righteousness,
for they will be filled.
Blessed are the merciful,
for they will be shown mercy.'*

MATTHEW 5:3-7

DAY
2

*2
Blessed are the pure in heart,
for they will see God.
Blessed are the peacemakers,
for they will be called children of God.
Blessed are those who are persecuted
because of righteousness,
for theirs is the kingdom of heaven.
'Blessed are you when people insult you, persecute
you and falsely say all kinds of evil against you
because of me. Rejoice and be glad, because great is
your reward in heaven, for in the same way they
persecuted the prophets who were before you.'*

MATTHEW 5: 2-12

DAY
3

*3
'You are the salt of the earth. But if the salt loses
its saltiness, how can it be made salty again?
It is no longer good for anything, except to be
thrown out and trampled underfoot.'
'You are the light of the world.
A town built on a hill cannot be hidden. Neither
do people light a lamp and put it under a bowl.
Instead they put it on its stand, and it gives light to
everyone in the house. In the same way, let your
light shine before others, that they may see your
good deeds and glorify your Father in heaven.'*

MATTHEW 5: 13-16

DAY
4

*4
'Do not think that I have come to abolish the Law or
the Prophets; I have not come to abolish them but to
fulfil them. For truly I tell you, until heaven and earth
disappear, not the smallest letter, not the least stroke of a
pen, will by any means disappear from the Law until
everything is accomplished. Therefore anyone who sets aside
one of the least of these commands and teaches others
accordingly will be called least in the kingdom of heaven,
but whoever practises and teaches these commands will be
called great in the kingdom of heaven. For I tell you,
that unless your righteousness surpasses that of the
Pharisees and the teachers of the law, you will certainly
not enter the kingdom of heaven.'*

MATTHEW 5:17-20

DAY
5

*5
'You have heard that it was said to the
people long ago, "You shall not murder,
and anyone who murders will be subject to
judgment." But I tell you that anyone who
is angry with a brother or sister will be
subject to judgment. Again, anyone who
says to a brother or sister, "Raca,"
is answerable to the court.
And anyone who says, "You fool!" will
be in danger of the fire of hell.'*

MATTHEW 5:21-22

DAY
6

6

'Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift.' Settle matters quickly with your adversary who is taking you to court. Do it while you are still together on the way, or your adversary may hand you over to the judge, and the judge may hand you over to the officer, and you may be thrown into prison. Truly I tell you, you will not get out until you have paid the last penny.'

MATTHEW 5:23-26

DAY
7

7

'You have heard that it was said, "You shall not commit adultery." But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.'

MATTHEW 5:27-30

DAY
8

8

'It has been said, "Anyone who divorces his wife must give her a certificate of divorce." But I tell you that anyone who divorces his wife, except for sexual immorality, makes her the victim of adultery, and anyone who marries a divorced woman commits adultery.'

MATTHEW 5:31-32

DAY
9

9

'Again, you have heard that it was said to the people long ago, "Do not break your oath, but fulfil to the Lord the oaths you have made." But I tell you, do not swear an oath at all: either by heaven, for it is God's throne; or by the earth, for it is his footstool; or by Jerusalem, for it is the city of the Great King. And do not swear by your head, for you cannot make even one hair white or black. All you need to say is simply "Yes," or "No"; anything beyond this comes from the evil one.'

MATTHEW 5:33-37

DAY
10

10

'You have heard that it was said, "Eye for eye, and tooth for tooth." But I tell you, do not resist an evil person. If anyone slaps you on the right cheek, turn to them the other cheek also. And if anyone wants to sue you and take your shirt, hand over your coat as well. If anyone forces you to go one mile, go with them two miles. Give to the one who asks you, and do not turn away from the one who wants to borrow from you.'

MATTHEW 5:38-42

DAY
11

11

'You have heard that it was said, "Love your neighbour and hate your enemy." But I tell you, love your enemies and pray for those who persecute you, that you may be children of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous.'

MATTHEW 5:43-45

DAY
12

12

'If you love those who love you, what reward will you get? Are not even the tax collectors doing that? And if you greet only your own people, what are you doing more than others? Do not even pagans do that? Be perfect, therefore, as your heavenly Father is perfect.'

MATTHEW 5:46-48

DAY
13

13

'Be careful not to practise your righteousness in front of others to be seen by them. If you do, you will have no reward from your Father in heaven.'

MATTHEW 6:1

DAY
14

14

"So when you give to the needy, do not announce it with trumpets, as the hypocrites do in the synagogues and on the streets, to be honoured by others. Truly I tell you, they have received their reward in full. But when you give to the needy, do not let your left hand know what your right hand is doing, so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you.'

MATTHEW 6:2-4

DAY
15

15

'And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him.'

MATTHEW 6:5-8

DAY
16

16

'This, then, is how you should pray:

*"Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as it is in heaven.
Give us today our daily bread.
And forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation,
but deliver us from the evil one."*

MATTHEW 6:9-13

DAY
17

17

'For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins.'

MATTHEW 6:14-15

DAY
18

18

'When you fast, do not look sombre as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.'

MATTHEW 6:16-18

DAY
19

19

"Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal.

For where your treasure is, there your heart will be also.'

MATTHEW 6:19-21

DAY
20

20

"The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light. But if your eyes are unhealthy, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness!"

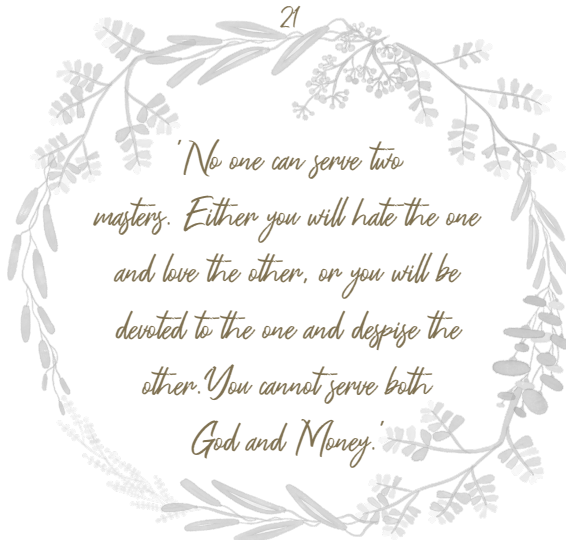
MATTHEW 6:22-23

DAY
21

21

'No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and Money.'

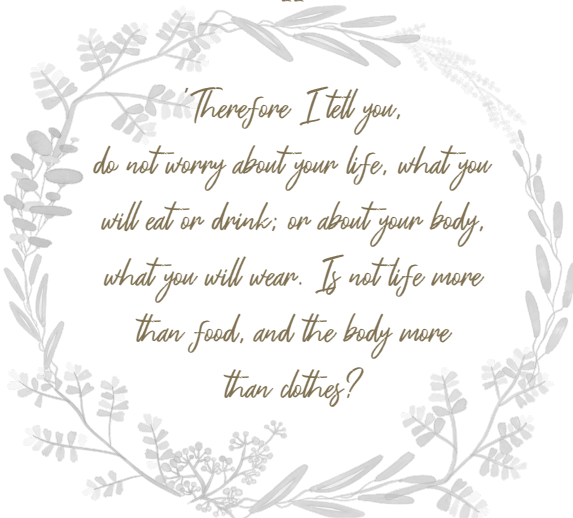
MATTHEW 6:24

DAY
22

22

'Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?'

MATTHEW 6:25

DAY
23

23

'Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?'

MATTHEW 6:26-27

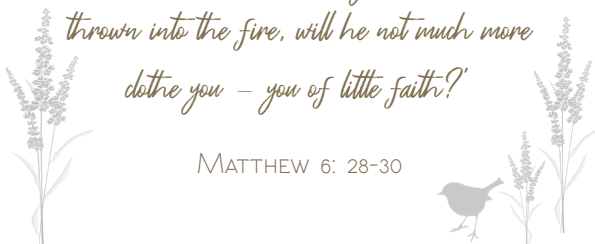


DAY
24

24

*'And why do you worry about clothes?
See how the flowers of the field grow. They do
not labour or spin. Yet I tell you that not even
Solomon in all his splendour was dressed like one
of these. If that is how God clothes the grass of
the field, which is here today and tomorrow is
thrown into the fire, will he not much more
clothe you – you of little faith?'*

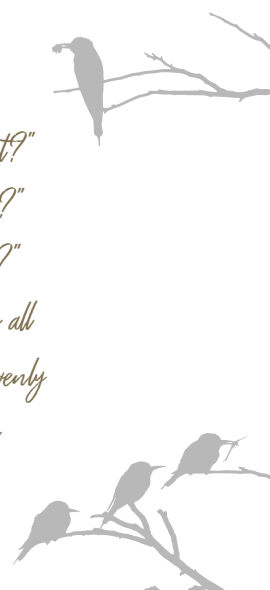
MATTHEW 6: 28-30

DAY
25

25

*'So do not worry,
saying, "What shall we eat?"
or "What shall we drink?"
or "What shall we wear?"
For the pagans run after all
these things, and your heavenly
Father knows that you
need them.'*

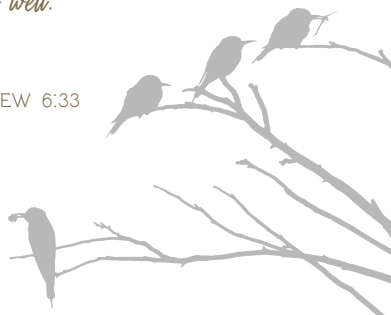
MATTHEW 6:31-32

DAY
26

26

*'But seek first his kingdom
and his righteousness, and all
these things will be given to
you as well.'*

MATTHEW 6:33

DAY
34

27

*'Therefore do not worry about tomorrow,
for tomorrow will worry about itself.
Each day has enough trouble of its own.'*

MATTHEW 6:34

DAY
28

28

*'Do not judge, or you too will be judged. For
in the same way as you judge others, you will
be judged, and with the measure you use, it
will be measured to you.'*

MATTHEW 7:1-2

DAY
29

29

*'Why do you look at the speck of sawdust in
your brother's eye and pay no attention to the
plank in your own eye? How can you say to your
brother, "Let me take the speck out of your eye,"
when all the time there is a plank in your own
eye? You hypocrite, first take the plank out of
your own eye, and then you will see clearly to
remove the speck from your brother's eye.'*

MATTHEW 7:3-5



DAY
30

30

'Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and turn and tear you to pieces.'

MATTHEW 7:7

DAY
31

31

'Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.' Which of you, if your son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!'

MATTHEW 7:7-11

DAY
32

32

'So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets.'

MATTHEW 7:12

DAY
33

33

"Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it."

MATTHEW 7:13-14

DAY
34

34

"Watch out for false prophets. They come to you in sheep's clothing, but inwardly they are ferocious wolves. By their fruit you will recognise them. Do people pick grapes from thorn-bushes, or figs from thistles? Likewise, every good tree bears good fruit, but a bad tree bears bad fruit."

MATTHEW 7:15-17

DAY
35

35

'A good tree cannot bear bad fruit, and a bad tree cannot bear good fruit. Every tree that does not bear good fruit is cut down and thrown into the fire. Thus, by their fruit you will recognise them.'

MATTHEW 7:18-20

DAY
36

36

'Not everyone who says to me, "Lord, Lord," will enter the kingdom of heaven, but only the one who does the will of my Father who is in heaven.'

MATTHEW 7:21

DAY
37

37

"Many will say to me on that day, "Lord, Lord, did we not prophesy in your name and in your name drive out demons and in your name perform many miracles?" Then I will tell them plainly, "I never knew you. Away from me, you evildoers!"

MATTHEW 7:22-23

DAY
38

38

"Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock.'

MATTHEW 7:24-25

DAY
39

39

'But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.'

MATTHEW 7:26-27

DAY
3

40

'When Jesus had finished saying these things, the crowds were amazed at his teachings, because he taught as one who had authority, and not as their teachers of the law.

When Jesus came down from the mountainside, large crowds followed him.'

MATTHEW 7:28-8:1

DAY
4